

Systemic Lupus Erythematosis SLE

What is it?

Lupus is an autoimmune connective tissue disease

Causes the immune system to attack the cells and organs of your body which results in inflammation and tissue damage.

Can affect any part of the body but mainly effects the lungs, joints, heart, skin, kidneys, blood vessels, liver and nervous system.

Who does it affect?

Ninety-percent of those affected are female

Most cases are in the childbearing years of women (20-40 y/o)

African Americans, Hispanics, Asian Americans and Native Americans are 2-3 times more likely to develop the disease than whites.

Over ten percent have another autoimmune or mixed connective tissue disease in addition to SLE.

What are the causes?

The cause of lupus is unknown. Genetics and hormones may have some role.

What are the symptoms?

Fever

Rash on the face

Skin rash

Painless ulcers

Intestinal findings: nausea, diarrhea, or vomiting

Arthritis in multiple joints (hands, wrists, knees)

Tests:

Positive finding on ANA test

What are traditional treatments?

NSAIDS

Methotrexate

Prednisone

Plaquenil

What are some alternative treatments?

Dietary modification

Supplementation with vitamins, herbs, and other agents

Botanical Medicine

Homeopathy

Low Dose Naltrexone

Alpha Lipoic acid (IV and oral)

Please contact us to start a program with you. We can work with many insurance plans or design a cash package.